



UNTA OR UNTS – KINESIOLOGY- HEALTH AND WELLNESS CAREER PATHWAY MAP

✓	RECOMMENDED COURSE SEQUENCE	Core Area shown on page 2	SEMESTERS OFFERED	MY PLAN (Semester and Year)	CREDIT HOURS
<input type="checkbox"/>	1. <i>PSYC 2301 General Psychology*</i>		F, SP, SU		3
<input type="checkbox"/>	2. <i>ENGL 1301 Composition I</i>		F, SP, SU		3
<input type="checkbox"/>	3. <i>HIST 1301 US History I</i>		F, SP, SU		3
<input type="checkbox"/>	4. <i>MATH 1342 Elementary Statistical Methods</i>		F, SP, SU		3
<input type="checkbox"/>	5. <i>KINE 1301 Foundations of Kinesiology</i>		F, SP, SU		3
					15 hours
<input type="checkbox"/>	6. <i>ENGL 1302 English Composition II</i>		F, SP, SU		3
<input type="checkbox"/>	7. <i>HIST 1302 US History II</i>		F, SP, SU		3
<input type="checkbox"/>	8. <i>KINE 1346 Drug Use and Abuse</i>		F, SP		3
<input type="checkbox"/>	9. <i>KINE 1-Hour Elective</i>		F, SP, SU		1
<input type="checkbox"/>	10. <i>PSYC 2314 Lifespan Growth and Development</i>		F, SP, SU		3
					28 hours
<input type="checkbox"/>	11. <i>BIOL 2401 Human Anatomy and Physiology I</i>		F, SP, SU		4
<input type="checkbox"/>	12. <i>PHIL 2306 Introduction to Ethics*</i>		F, SP		3
<input type="checkbox"/>	13. <i>GOVT 2305 Federal Government</i>		F, SP, SU		3
<input type="checkbox"/>	14. <i>KINE 1306 Safety and First Aid</i>		F, SP, SU		3
<input type="checkbox"/>	15. <i>DANC 2303 Dance Appreciation *</i>		F, SP, SU		3
					44 hours
<input type="checkbox"/>	16. BIOL 2402 Human Anatomy and Physiology II		F, SP, SU		4
<input type="checkbox"/>	17. <i>GOVT 2306 Texas Government</i>		F, SP, SU		3
<input type="checkbox"/>	18. <i>KINE 1304 Personal/Community Health</i>		F, SP, SU		3
<input type="checkbox"/>	19. <i>KINE 2356 Care and Prevention of Injuries</i>		SP		3
<input type="checkbox"/>	20. <i>SPCH 1315 Public Speaking *</i>		F, SP, SU		3
*** Associate of Arts or Associate of Science Degree Earned ***					60 hours
NOTE: Check with the Office of Financial Aid as aid may not be available beyond degree completion and/or 60 hours.					

READ ALL NOTES CAREFULLY:

- a) Courses in **bold** have a pre-requisite (previous course required). [See Catalog](#)
- b) Courses in *italics* can be taken in any order.
- c) ENGL 1301 and the first MATH class may require a co-requisite and/or developmental course depending on TSI Scores.
- d) Refer to [KC Catalog](#) for Field of Study and Degree Requirements.
- e) It is recommended that students take summer courses.
- f) It is recommended that students apply for the student athletic trainer program to earn practical hours towards their Bachelor's/Master's programs.

* Refer to Core Curriculum and KC Catalog for all possible course options

CAREER OPPORTUNITIES

Sport Nutritionist/Dietician, Wellness Director, Health and Wellness Promotion Specialist
Public/Community Health Programs, Health Services Manager, Worksite Wellness,
Health and Wellness Advocacy Groups

Salary Information: The majority of entry-level kinesiologists make between \$40,500 and \$52,000 annually but can vary depending on experience, education, location, and industry.

ADVANCED DEGREES/CREDENTIAL OPPORTUNITIES

Bachelors of Arts in Wellness Bachelors of Science in Kinesiology
Bachelors of Science in Health Science Masters of Science in Kinesiology
Ph.D. in Health Behaviors & Wellness Education Doctor of Public Health

LINKS TO COLLEGES AND PROFESSIONAL ORGANIZATIONS:

Stephen F. Austin University Athletic Training: <http://www.sfasu.edu/kinesiology/107.asp>
University of Texas at Tyler Athletic Training: <https://www.uttyler.edu/academics/programs/kinesiology-bs.php>
American Kinesiology Association (AKA): <https://americankinesiology.org/>
The American College of Sports Medicine (ACSM): <https://www.acsm.org/>

CONTACT INFORMATION (Click link for [KC Digital Map](#))

Kilgore College Advising
Email: advising@kilgore.edu
Webpage: [Academic Advising](#)



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Kilgore College Core Curriculum

! Communication (6 hours)

[ENGL 1301 \(T\) - Composition I](#) AND
[ENGL 1302 \(T\) - Composition II](#) OR
[ENGL 2311 \(T\) - Technical and Business Writing](#)

@ Mathematics (3 hours)

[MATH 1314 \(T\) - College Algebra](#)
[MATH 1316 - Plane Trigonometry](#)
[MATH 1324 \(T\) - Mathematics for Business and Social Sciences](#)
[MATH 1325 \(T\) - Calculus for Business and Social Sciences](#)
[MATH 1332 \(T\) - Contemporary Mathematics](#)
[MATH 1342 \(T\) - Elementary Statistical Methods](#)

[MATH 1350 \(T\) - Mathematics for Teachers I](#)
[MATH 2412 \(T\) - Pre-Calculus Math](#)
[MATH 2413 \(T\) - Calculus I](#)
[MATH 2414 \(T\) - Calculus II](#)
[MATH 2415 \(T\) - Calculus III](#)

Life and Physical Sciences (6 hours)

[BIOL 1406 \(T\) - Biology for Science Majors I](#)
[BIOL 1407 \(T\) - Biology for Science Majors II](#)
[BIOL 1408 \(T\) - Biology for Non-Science Majors I](#)
[BIOL 1409 \(T\) - Biology for Non-Science Majors II](#)
[BIOL 2401 \(T\) - Human Anatomy and Physiology I](#)
[BIOL 2402 \(T\) - Human Anatomy and Physiology II](#)
[BIOL 2404 \(T\) - Anatomy & Physiology](#)
[BIOL 2406 \(T\) - Environmental Biology](#)
[ENVR 1401 \(T\) - Environmental Science I](#)
[CHEM 1405 \(T\) - Introductory Chemistry I](#)
[CHEM 1406 \(T\) - Introductory Chemistry I \(allied health emphasis\)](#)
[CHEM 1411 \(T\) - General Chemistry I](#)
[CHEM 1412 \(T\) - General Chemistry II](#)

[GEOL 1301 \(T\) - Earth Sciences for Non-Science Majors I \(lecture only\)](#)
[GEOL 1403 \(T\) - Physical Geology](#)
[GEOL 1404 \(T\) - Historical Geology](#)
[GEOL 1405 \(T\) - Environmental Science](#)
[PHYS 1303 \(T\) - Stars and Galaxies \(lecture only\)](#)
[PHYS 1401 \(T\) - College Physics I](#)
[PHYS 1402 \(T\) - College Physics II](#)
[PHYS 1403](#)
[PHYS 1404 \(T\) - Solar System](#)
[PHYS 1405 \(T\) - Elementary Physics I](#)
[PHYS 2425 \(T\) - University Physics I](#)
[PHYS 2426 \(T\) - University Physics II](#)

\$ Language, Philosophy & Culture (3 hours)

[ENGL 2322 \(T\) - British Literature I](#)
[ENGL 2323 \(T\) - British Literature II](#)
[ENGL 2326 \(T\) - American Literature](#)
[ENGL 2332 \(T\) - World Literature I](#)
[ENGL 2333 \(T\) - World Literature II](#)
[HIST 2311 \(T\) - Western Civilization I](#)
[HIST 2312 \(T\) - Western Civilization II](#)
[HIST 2321 \(T\) - World Civilizations I](#)
[HIST 2322 \(T\) - World Civilizations II](#)
[PHIL 1301 \(T\) - Introduction to Philosophy](#)
[PHIL 2306 \(T\) - Introduction to Ethics](#)

+ Creative Arts (3 hours)

[ARTS 1301 \(T\) - Art Appreciation](#)
[ARTS 1303 \(T\) - Art History I](#)
[ARTS 1304 \(T\) - Art History II](#)
[DANC 2303 \(T\) - Dance Appreciation](#)
[DRAM 1310 \(T\) - Theatre Appreciation](#)
[DRAM 2362](#)
[DRAM 2366 \(T\) - Film Appreciation](#)
[MUSI 1306 \(T\) - Music Appreciation](#)
[MUSI 1307 \(T\) - Music Literature](#)

% American History (6 hours)

[HIST 1301 \(T\) - United States History I](#)
[HIST 1302 \(T\) - United States History II](#)

/ Social and Behavioral Sciences (3 hours)

[ECON 2301 \(T\) - Principles of Macroeconomics](#)
[ECON 2302 \(T\) - Principles of Microeconomics](#)
[GEOG 1303 \(T\) - World Regional Geography](#)
[PSYC 2301 \(T\) - General Psychology](#)
[PSYC 2314 \(T\) - Lifespan Growth and Development](#)
[SOC1 1301 \(T\) - Introductory Sociology](#)
[SOC1 1306 \(T\) - Social Problems](#)
[TECA 1354 \(T\) - Child Growth and Development](#)

^ Government/Political Science (6 hours)

[GOVT 2305 \(T\) - Federal Government](#)
[GOVT 2306 \(T\) - Texas Government](#)

& Component Area Option 1 (3 hours)

[SPCH 1315 \(T\) - Public Speaking](#)
[SPCH 1318 \(T\) - Interpersonal Communication](#)

< Component Area Option 2 (3 hours)

Any additional course listed in the core curriculum above or [BCIS 1305](#) or [MATH 1351](#) or [EDUC 1300](#)